



TAEKWONDO  
Poomsae

## BOLDUAN

### Jens

dob: 09.12.1967

Club: DJK SB Kolbermoor



Germany

**199,58**

Ranking points

Rank **466**

of: 10.159



Photo: Peter Bolz (2015)

### European Championships

Discipline	Gold	Silver	Bronze
Synchron male	1	0	2

### German Championships

Discipline	Gold	Silver	Bronze
Team Male	0	0	3

### Open Tournament

Discipline	Gold	Silver	Bronze
Synchron male	4	5	6
Team (5 person)	0	1	0
Team Male	1	2	0
Team Mixed	0	1	0



# TAEKWONDO

## Poomsae

### Team (5 person)

2009	2.	German Open	Germany	2nd Senior male	6,00
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### Team Mixed

2001	2.	Belgian Open	Belgian	over 15	6,00
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### Team Male

2001	2.	Belgian Open	Belgian	over 15	6,00
2003	2.	Belgian Open	Belgian	over 15	6,00
2011	1.	Austrian Open	Austria	2nd Senior	10,00
2015	3.	German Championships	Germany	over 30	0,00
2016	3.	German Championships	Germany	over 30	0,00
2017	3.	German Championships	Germany	over 30	0,00

### Synchron male

1994	1.	Austrian Open	Austria	1st Senior	10,00
1995	1.	German Open	Germany	1st Senior	10,00
1996	3.	German Open	Germany	Senior	3,60
1997	5.	European Championships	Turkey	Senior	5,18
1997	1.	German Open	Germany	Senior	10,00
1998	3.	Belgian Open	Belgian	over 15	3,60
1998	3.	Danish Open	Denmark	Senior	3,60
1998	3.	German Open	Germany	Senior	3,60
1999	1.	German Open	Germany	1st Senior	10,00
1999	1.	European Championships	Denmark	Senior	40,00
2000	3.	Korea Open	Korea	1st Senior	3,60
2000	2.	Danish Open	Denmark	Senior	6,00
2000	2.	German Open	Germany	1st Senior	6,00
2001	3.	European Championships	Germany	Senior	14,40
2001	2.	German Open	Germany	1st Senior	6,00
2002	2.	German Open	Germany	1st Senior	6,00
2003	3.	European Championships	France	Senior	14,40
2009	2.	German Open	Germany	2nd Senior	6,00
2011	3.	German Open	Germany	2nd Senior	3,60